

Greetings from Catholic Welfare Services!

We are pleased to present you with our very first bi-annual newsletter, providing you with updated information on how your support has enabled us to do what we do. Thank you so much for your kind support over the years.

What's Next:

Even as the construction of the new St. Joseph's Home is making good progress, we have begun planning for the redevelopment of St. Theresa's Home which has been operating at its current site for over 78 years. We envision that the new St. Theresa's elder care facility will provide more advanced nursing home care and will have new facilities that cater for the broader continuum of elder care needs of the future generation of aged Singaporeans, with emphasis on early intervention and prolonging the abilities of the ageing to continue to perform their activities of daily living independently. We plan for the new facility to embrace the latest in elder care technology and innovations to enhance the quality of care and operational efficiency.

We look forward to sharing with you more details of the new St. Theresa's Home as the plan is developed and in receiving your support for this exciting and worthy endeavour.

2016:

NEW YEAR, NEW GROWTH, NEW DEVELOPMENT

2016 heralds in exciting times for St. Joseph's Home. The re-development of our Jurong West site is expected to be completed in December 2016. We give thanks to the dedicated efforts of our building/design partners; the support of our ministerial/regulatory partners; the generosity of our donors and volunteers; and of course, the commitment of our staff, who have to juggle between managing the daily operations at the temporary Mandai site, whilst building and planning for a significantly expanded New Home at Jurong.

At this very moment, work has been started on the top-most 6th floor at the Jurong site, which is now quite a sight to behold if you happen to drive past Jurong West St 24.

Person-Centred Home, Holistic Care

We have incorporated our Vision and Philosophy of care into both our Physical building/infrastructure design as well as the Care Programs for our residents.

We use "Homely" colours, materials, furnishings and layouts to create a more welcoming, comfortable living space for our residents. Luscious courtyard and rooftop gardens provide opportunities for residents to connect with nature. At the centre and heart of the Home is a beautiful and serene chapel to anchor our faith and work on.

Beyond Physical Nursing Care, we are also planning to extend our Therapeutic programs for residents, such as Hydrotherapy, Gymtonic, and Music & Arts Therapy.

Part of the Community

To keep our new Home vibrant and well-integrated into our community, we also have plans to invite members from the Jurong community, in particular the elderly, to join us as volunteers and/or to participate in our Care and Therapeutic programs.

We look forward to continuing to care for and serve our residents and the community with compassion.



bridging the gap with IT

Villa Francis Home embarked on a tablet-based packaged program to enable volunteers in supplying interest- and ability-matched engagement activity to the nursing elderly. The Home works with an NUS volunteer to pioneer the development of a tablet-based toolkit to help the younger, in-experienced and/or first-time volunteers provide one-to-one engagement activities with our elderly.

Engagement activities were pre-selected by experts and crafted to be suitable for an untrained facilitator to present to and engage the elderly. The kit consists of task, ability and interest-matched activity guides that incorporate various free apps. Apps can be

interchanged through time to match the interest of the elderly. The program also serves to bridge the gap between the younger generation and the elderly by providing a platform for them to interact. It also offers the elderly an alternative entertainment at the Home.

spreading the festive joy

Praise and Thanks to God for sending many helping hands to the Gift of Love Home, making it possible for us and our residents to pack 300 Christmas hampers which were distributed joyfully to families in need and migrant workers. Our residents were very happy to be able to help to prepare and pack the Christmas Hampers for the needy.



Night Mission

The Night Mission came about after much feedback from some of our homeless clients that there were others like them staying in the streets.

We decided to 'walk the streets' ourselves to assess the situation first hand. The first Night Mission began on Friday 30th May 2014 and has continued until today, thanks to our dedicated volunteers.

Every Friday, we went to hand out food, we got to talk and learnt everyone's stories.

After earning their trust, we offered them a listening ear, and the possibility of helping them out of their plight.



